



2022 CONFERENCE SAFETY

Everyone attending the conference is responsible for safety. When we take safety for granted, we should take injuries for granted. Whether you are attending or instructing a class, presenters and attendees at the ILEETA conference are required to abide by these safety rules. Please review the following and incorporate them into your presentation at the ILEETA Conference.

Safety Plan for all Classes

- Identify: Someone in class to contact Command Post/Hotel Security in case of emergency.
- Identify: Emergency exits, first aid equipment, AED (hotel front desk), fire extinguisher.
- Identify: Persons trained in first aid, CPR, AED.
- Identify: Persons with physical limitations, previous injuries, or special needs.
- Minimize slip, trip and fall hazards from equipment, chairs, tables and cords.
- Report any injury to the Command Post even if minor.
- Medical Emergency – Dial 911- Union Station Hotel St. Louis, MO - 1820 Market Street – advise meeting room. Hotel Security – Front Desk: Dial 0.
- First Aid Kit/AED – Command Post OIC: Roger Benn 315-569-3654
- Closest Hospital: SSM Health Saint Louis University Hospital 1201 S. Grand Blvd. St. Louis, MO 63104

ILEETA CONFERENCE TRAINING SAFETY RULES

Work as a Team

- Treat each other as peers—we're on the same team.
- Cooperate, don't compete—instructors are here to help you develop job skills.
- During simulation training at least one student in each group will act as a safety
 - officer/coach
- Watch out for each other—we are responsible for each other's safety.

Know Your Limits

- If you are not sure how to do a technique—ask.
- Report injuries immediately—don't suffer in silence. You know your body: if something doesn't feel right, let your instructors know.
- Work at your own pace—don't over-exert yourself. Training is most effective at 60%-80% maximum.
- Use appropriate warm up procedures and advise participants to discontinue activity if they experience fatigue
- Determine the physical condition, skill level, and preparation of participants to participate in the activity and conduct training at a pace that will insure safety.

Prevent Injury

- Do not engage in horseplay. No horseplay whatsoever will be tolerated.

ILEETA

- No unscripted or undemonstrated technique to be conducted without the permission and supervision of the lead instructor.
- Remove all jewelry before participating in training.
- Use mouth guards and other protective gear as needed and directed by your instructors.
- Obey the whistle: used for cadence and emergency stops or establish a “break” rule or command to discontinue a technique when pain is experienced.
- Gym mats are to be used when anyone is to be taken to the floor or where activity on the floor could result in abrasions or other injury.

Equipment and Class Management

- Do not leave the training area without the permission of the primary instructor.
- Use training equipment (protective equipment, props, weapons, etc.) as directed by your instructors.
- Keep the training area clear of all unnecessary equipment or clutter.
- Do not handle any training equipment (including your own) without the permission of the primary instructor.

Weapons (hands on/physical skills/demonstration/scenario training)

- No weapons (firearms, knives, OC spray, etc.) are permitted in the training area
- Conduct a safety inspection of the training area and all participants for hazards, weapons. Conduct a Triple Check and repeat after breaks.
 - Search yourself for live weapons.
 - Have a partner search you.
 - Have an instructor/safety officer search you.

Live Fire Training

- When firearms are present, follow the four fundamental rules of firearms
 1. Assume all guns are loaded
 2. Never let the muzzle cross anything you are not willing to destroy.
 3. Keep your finger off the trigger and outside the trigger guard until you are firing.
 4. Know your target and what’s beyond it.
- In addition to the 4 basic rules, the St. Louis Metro Police Department and your instructor will have additional safety rules which will be briefed at the range prior to instruction.