

Disclaimer: *ILEETA Digest*© is copyrighted 2009 and published **without advertising**, exclusively for the members of ILEETA on a quarterly basis. The information within does not necessarily reflect the organizational position of ILEETA. Any material contained in this publication is brought to the readers in good faith and there is no intent to violate any copyright, trademark, or other law pertaining to intellectual property. The opinions of the contributors do not necessarily reflect the opinions of ILEETA’s staff. Due to the litigious society we live in, it is necessary for us to use this disclaimer.

2009 ILEETA Conference: Bigger and Better!

“Bigger” and “better” don’t usually belong together, but there may be an appropriate “however” when describing the 2009 ILEETA Conference. We packed as much training into this conference as we reasonably could.

Additionally, our conference actually grew in attendance from 773 in 2008 to 797 in 2009. The growth in numbers was pleasantly surprising, since money is tight in an economy that has seen training budgets slashed.

That 797 ILEETA members attended the 2009 ILEETA Conference is a testament to the devotion and dedication of the men and

women who train society’s protectors.

Many officers paid their own way, and we were fortunate to be able to provide 18 conference scholarships to ILEETA members. The scholarships are attributed to ILEETA members helping each other through action, not talk.

We’re working on getting the best possible hotel rates for the 2010 ILEETA Conference. We’ll be back at the Westin in Wheeling, IL on April 19-24, 2010. We will keep you advised of any developments. If you’re interested in presenting a topic at the 2010 ILEETA Conference, go to the ILEETA website www.ileeta.org to download the proposal form.

Evaluate Training Opportunities

How can you tell if a seminar, workshop or other training event is worth the investment? *Here are three tips:*

- * **Talk to your potential trainees.** Let them tell you whether they feel the sessions would benefit them and why. *That approach delivers two benefits:* You won’t be seen as implying that the employees need the training, and you won’t seem to endorse any particular training opportunity.
- * **Check out the trainer.** What are the trainer’s credentials? Call the sponsoring organization and inquire about the trainer’s qualifications for presenting in that subject area. You may be referred to the trainer. In that

case, tell the trainer about your needs and ask how prepared the trainer is to address them. Be sure to explain that you are not seeking a free consultation, but rather evaluating how familiar the trainer is with your specific needs.

- * **Ask for references.** Request the names of a few people who have attended previous sessions or who have sent others to attend. Discuss the session candidly with those people. What results do they feel the session delivered? Were the results worth the time and money?

— adapted from the editors of
Communication Briefings,
570-567-1982

Tips and Bits:

★ If you use Twitter, you’ll be amazed at what you can find about yourself and others at tinyurl.com/lrwl12. Enter your @twitter name or anyone else’s and get a great deal of information, such as number of unique readers of your tweets, top 10 followers, who’s RT you, most-used subjects, and more.

★ Want to know some ways to maximize the marketing of your training programs during the recession? View a FREE series of informative video clips at tinyurl.com/nnrhgz

Quotes to Ponder:

★ “It’s easy to make a buck. It’s tougher to make a difference.”

— Tom Brokaw

★ “If you would thoroughly know anything, teach it to others.”

— Tryon Edwards

Special Highlights:

Expanding Your Network with Mr. Tweet — 2	Be Present with Your Audience — 4	Nailing the Eye Contact — 6
Three Strategies for Less Stress — 2	Be Yourself When You Speak — 5	Fitness in Mind, Body and Spirit — 6
Text Heavy Slides Annoy Audiences — 3	Get Participants Back from Breaks — 5	A Changing of The Guard — 8

Tips and Bits:

★ TripIt www.tripit.com is a no-charge tool for efficiently creating detailed travel itineraries. It automatically inputs flight info once booked, links hotel information with maps, directions, weather forecasts, and a method to add notes and important contact numbers.

★ Check out “Tips for Weekly Training” at tinyurl.com/oejzp8

★ Download “Victim Impact Curriculum” for FREE. It contains 13 training units that address crimes such as robbery, assault, homicide, and drunk driving. Downloadable content includes training units, curriculum DVD clips, and a customizable agenda. More at tinyurl.com/mozvzb

★ The NRA is giving FREE 1-yr memberships to those who want to join. They are fighting pending legislation that impacts the right for people to keep & bear arms. Feel free to share this information with others including spouses and children. Go to tinyurl.com/mof6eb

★ A source of varied online training related information at tinyurl.com/mlgkqj

New User Name and Password

In order to keep the Member Gateway to the ILEETA Website secure, we have a set procedure. Beginning July 15, 2009, everyone's user name is **ILEETA** (all upper case) and everyone's password is **benefits** (all lower case).

Please keep these secure and do not share with non-ILEETA members. You will be issued a new password with each new issue of *The ILEETA Digest*, and this will always be listed at the very top of Page 2.

Expanding Your Network with Mr. Tweet

I first became aware of Mr. Tweet when several new Twitter followers notified me that they found me through Mr. Tweet. Mr. Tweet is billed as your personal networking agent who helps you expand your network easily. *When you follow him on Twitter, he helps you:* get relevant followers by recommending you to them; discover great people relevant to your current needs; and improve your Twitter usage via useful statistics.

Once I followed Mr. Tweet, I got my own personal dashboard that uses my Twitter login info. *On it:* I get info about how many times I've been recommended to others in the last week; recommended people to follow outside my network; recommended people to follow who are following me but whom I'm not following; and my usage stats and recommendations. This information is updated every two weeks.

We Had to Share This!

A phone line for only \$19.95 for a full year? Plus, the phone line sounds clear and without any static. Many retailers, such as Radio Shack, Walgreens, Best Buy and

Three Strategies for Less Stress

Some experts believe that stress can be a positive force if you channel it properly. But stress won't help you reach your goals or move ahead. *Follow these tips to become a more calm — and more productive — worker:*

1. **Take a worry break.** Instead of letting anxiety rule your entire day, set aside a block of time to release your frustrations.
2. **Play the part** and pretend that you are more easygoing. If you are a high-energy workhorse, relaxing — even if you are only playing the part — is a

Please DO NOT share this issue of *The ILEETA Digest* until the password is no longer valid.

Individuals who are not ILEETA members must not have access to the Member Gateway. This is not fair to the members of ILEETA.

Once the password expires, feel free to share the contents of any issue of *The ILEETA Digest*.

Mr. Tweet makes everything easy. He offers a ready-made Tweet to ask for recommendations (testimonials) from your network (people with three or more recommendations get recommended to others more often by Mr. Tweet). And, when you choose to follow someone on these lists, there's a ready-made Tweet for you to use and personalize that's sent out from your Mr. Tweet account.

I think Mr. Tweet is a very cool and easy way to build a viable Twitter following. And, it costs nothing! Go to www.twitter.com/MrTweet

— *about the author*, Online Business Coach
Donna Gunter www.onlinebizu.com
helps independent professionals create profitable online businesses by demystifying the steps needed to successfully market a service business online.

others carry it. All local and long distance calls in the U.S. and Canada are FREE. Learn more at www.magicjack.com

first step toward taming your frenzied approach.

3. **Do something you have been avoiding.** Take something dreaded off your to-do list, and you will reap a double reward: You gain a sense of satisfaction from crossing the item off your list. And you build positive momentum that will carry you forward and improve your outlook.

—*adapted from the editors of*
Communication Briefings,
570-567-1982

Text Heavy Slides Annoy Audiences — Survey Says

In the third “Annoying PowerPoint Survey,” the major conclusion is that we are suffering through an epidemic of overloaded text slides — and we are not happy about it. The survey results point to the need for presenters to increase the use of relevant visuals to replace text and allow more of a conversation with the audience instead of a recitation of the slide text.

When asked to select the top three things that annoy them about bad PowerPoint presentations, the respondents cited the following as the most annoying:

1. The speaker read the slides to us 67.4%
2. Full sentences instead of bullet points 45.4%
3. Text so small I couldn't read it 45.0%

What clearly stood out was that the top three annoyances all relate to overloaded text slides. The rest of the annoying characteristics were ranked well behind the top three. It is clear that audiences are getting sick and tired of having reports read to them, and it being called a presentation.

The results are to be taken seriously, as 62% of the 604 people who participated in the survey indicated that they see over 100 presentations per year. One-third said that they see annoying elements in over half of all the presentations they attended.

Survey participants were able to write in comments and over 360 did so. *Here are the other top concerns:*

1. A lack of presentation skills by presenters. Ranging from not knowing

how to use PowerPoint or the equipment, to not being familiar with their presentations, and a focus on the slides instead of the content.

2. Poor slide design and layout, including poor color selection and layouts that are inconsistent throughout the presentation.

3. Reinforcement of the desire for more visuals and less text on slides.

So, what should you do? My suggestion is to redouble your efforts to think visually about ideas you want to present. One key way is to start paying attention to words or phrases that you use to describe your ideas. If you hear words or phrases that describe relationships, such as “when this... then ...”, “subordinate”, or “component parts”, you should be thinking diagram.

If you are telling a story, describing a place or event, or referring to a person, use a photograph. The same goes for graphs, charts and screen shots. It is not easy at first, but once you start paying attention, you will start to see the visual potential in many ideas.

©MMVII Dave Paradi. **Dave Paradi** is the co-author of "Guide to PowerPoint" from Prentice Hall. He helps business people who struggle with the effectiveness of the PowerPoint presentations they use to sell ideas, products and services to other business people. His web site is www.ThinkOutsideTheSlide.com

New Bookmarks Add-On

Foxmarks is a cool little bookmarks add-on for the Firefox browser that syncs and backs up your bookmarks and passwords (optional) across multiple computers. Once you install Foxmarks on all your computers, Foxmarks will automatically synchronize any changes you make, ensuring your bookmarks and passwords stay the same everywhere.

Foxmarks also backs up your bookmarks every time you make changes so you can review and restore your bookmarks on your password-protected online account. If you are away from your computer, you can view, add, edit and delete your bookmarks

from your online account, and all changes will automatically be saved to your other computers. You can also share your favorite bookmarks with friends or clients via a Web page, in an RSS feed, or as a widget that you can add to your own blog or Web site.

And if you need to keep your work bookmarks at the office and your personal bookmarks at home, you can synchronize only what you need. Foxmarks lets you customize which bookmarks appear on which computers. For more information go to www.foxmarks.com.

Tips and Bits:

★ **Want to contribute a “Police War Story” for inclusion in the book, *American Blue*, by Ed Nowicki? ALL royalties are donated to construction of the National Law Enforcement Museum Fund (NLEMF). For details (very time sensitive!) send Ed an email at NCJTC@aol.com**

★ **There’s a website to help customize a presentation to any geographic area. Just put your mouse on a city anywhere in the world and the newspaper headlines pop up. Double click and the page gets larger. Go to tinyurl.com/9e7pl**

★ **Trying to find a great name for a website? Looking for synonyms for keywords? How about rhyming words? Go to www.igor.com and enter one of your keywords.**

★ **R U a good listener? Take the test at tinyurl.com/nzw4hu**

★ **Is it acceptable for an instructor to use vulgarity? Read a F#!@? article at tinyurl.com/m8fygu**

★ **Are you a supervisor? Have you just been promoted? If so, read “The #1 Skill a New Manager Needs” at tinyurl.com/nt3b7j**

Tips and Bits:

★ **Chief Learning Officer** subscriptions are available world-wide for FREE via digital delivery. If you would like a subscription to this enhanced digital edition with all of the content provided in the print publication and more, go to tinyurl.com/kjw5zu

★ Create a free PDF file from Word or PowerPoint. Check out the PDF Converter www.freepdfconvert.com Just click on Browse, upload your file, and a .zip file of your PDF will be emailed to you. You can then open and save.

★ Get a FREE e-subscription to *Inside Training*, a weekly e-newsletter that covers technology, strategy and best practices, and trends and research at tinyurl.com/ku95cg

★ **URGENT!!!** If you work or train regularly at indoor firing ranges, you could be exposed to hazardous levels of lead and noise. Read the article, "Take Aim at Protecting Yourself" at www.cdc.gov/niosh/blog/

★ Read some interesting tips on presentations from a conference photographer at tinyurl.com/c4eg8s

Projector Resolution Mismatch by Milo Shapiro

With my first PowerPoint slide looking good, I started my program feeling confident. Three slides in, text began wrapping weirdly even though it looked fine on the laptop when we tested it.

The reason? The client's projector was set to the wrong resolution. Since the first slide looked perfect, who knew to check further? My weird text was still readable, so we went on, determining the cause later.

The tech said he could have fixed it in a couple of minutes, but hadn't realized what the problem was until after I was done. It

still looked fine on the laptop, but not on the screen. Until then, he'd thought my fonts were missing on his laptop (which was not the issue), so he hadn't thought there was anything he could have done.

Outcome: I'm adding a test slide at the beginning, where the error should show if it's going to, so I know to fix it. At the very least, though, see if you can go through a few slides before assuming all is well with your projector.

– Milo Shapiro is a motivational speaker, improv teambuilder, and speaking coach. www.IMPROVentures.com

Be Present with Your Audience by Dana Bristol-Smith

How many times have you given a presentation and realized that your mind had been somewhere else? You might have been thinking about that deadline looming over head. Or, about that new restaurant you were going to try for lunch later that day. Or, you wished you were somewhere else, anywhere else.

Do you think your audience could sense your lack of attention or desire to be there with them? Unfortunately, the answer is yes.

Every time you give a presentation, it's essential that you be 100% present with your audience. If people are taking time out of their busy day to listen to you, you've got to treat them with respect and make sure that your presentation is a valuable use of their time.

If you are there to read PowerPoint slides, give everyone a break and just email the file. Don't bother giving a live presentation. Your presence has to add to the presentation.

The following 3-step process adapted from Lee Glickstein's book, *Be Heard Now!* will

allow you to be fully present, and will even calm your nerves and anxiety.

- 1. Feel your feet on the ground.** Do this as you are at the front of the room beginning your presentation, just notice the sensation of your feet on the floor.
- 2. Breathe.** Most importantly, notice that you are breathing. Anxiety will sometimes have you hold your breath.
- 3. Speak every word to the eyes and heart of another human being.** This is how you connect with your audience and show them the respect they deserve.

Remember, as simple as this sounds, it's not. It takes awareness and practice. The benefit is that you will appear and feel more confident and connected to your audience, and they will sense the difference.

– Dana Bristol-Smith is the founder of Speak for Success www.speakforsuccess.net/about.htm, an organization that works with companies that want their people to communicate with confidence and credibility. Email Dana at dana@speakforsuccess.net

Expedited Clearance

Do you travel internationally for training? If so, the Global Entry Program at www.tinyurl.com/cwolxh is a new program managed by U.S. Customs & Border Protection. This program allows pre-approved, low-risk travelers expedited clearance upon arrival into the U.S., using automated kiosks located at JFK, Dulles,

Houston, LAX, Atlanta, O'Hare, and Miami airports.

Applications must be completed online at <https://goes-app.cbp.dhs.gov/>. A non-refundable \$100 per-person fee is payable at the time of application. The pass is good for five years.

Be Yourself When You Speak Before a Group by Larry Smith

Why is it we can talk so well to others one-on-one, but we get so tense when we give a presentation or talk before a group? It is because we try to be so perfect. It seems we just can't give ourselves permission to be imperfect, and...well, human.

When we don't feel safe to be genuinely who we are in front of others, we tense up the body and go into our heads to manufacture an "image" or illusion of perfection. This simple fact is the root cause of stage fright and the fear of public speaking.

Get Professional-Level Equipment for Your Own Videos by Jim Carrillo

I just joined my local Community Access Television (annual fees are around \$60 for all cities). As a member, I can check out \$100,000 worth of equipment, from video cameras, microphone systems, mix panels, and even projectors. The only catch is that whatever I film and create into a final product, I have to provide a copy to be shown at least once on the Cable Community Channel. It's very cool and well worth the "catch!" They even have a sound booth at my city to help recording podcasts (it's intended to add voice-overs for your video filming).

I've used this membership and resource to film my speeches with multiple camera shots. I set the equipment up before the speech, and start recording 5 minutes prior to going on, and just leave the cameras unattended. This way, when it's over, I can splice the two recordings together, and make it look as if there was real-time switching between cameras.

Get Participants Back from Breaks on Time by Mike Podolinsky

If we don't control breaks, a scheduled 15-minute break soon becomes 30 minutes. At 3 times per day (a 60-minute lunch can become 90 minutes), we can lose an hour a day.

What works for me is a noisemaker. I explain in advance the time frame and that I'll give them a 2-minute warning with the noisemaker (demonstrate the noisemaker for them). They then have just 2 minutes to grab a last cup of coffee, or visit the ladies or gents room (hopefully not both... this gets a laugh and helps the message stick!). I use a different noisemaker for each break.

A wooden train whistle, slide whistle, corrugated plastic tube (whirling tube whistle), bullfrog (found in S.E. Asia),

Eye contact with the audience one-at-a-time will reduce stage fright and help the speaker get back to the feeling of talking to one person at a time. This eases the feeling of the magnitude of the audience.

Who are you willing to be when you speak to a group? You truly can't be anyone else, so why not be yourself? I can guarantee that you will begin to show up as a star when you are willing to share your authentic thoughts, feelings, ideas, and expertise.

I personally enjoy technology, but for those who are intimidated, the local Community Access Television will help you edit the footage. I even had an editor offer to do my editing if I bought him dinner.

My first two shoots were not even worth keeping — but I learned A LOT! For my next shoot, I received permission from the local playhouse to use the theater (no audience on this one), as long as I mention the theater at the end of the video product when it's shown on television (which is called underwriting).

This is not a substitute for professional videography, or owning your own equipment, but it's a way to bootstrap your training business until you can afford the professional services and your own equipment.

— contact Jim at me@jimcarrillo.com

ceramic turtle whistle I found in Mexico, space laser gun (millions of variations on this one with the same 8-sound computer chip inside), kazoos, large hand clappers, and a half dozen more. If I do 10 days in a row, I rarely repeat the same sounds twice.

Bizarre how adults are fascinated by the different "tools of the trade." Most importantly, they come back on time (or pretty darn close). Further, by not using my voice to call them back, I save my voice. I avoid bells, as it is too much like school.

— contact Michael A. Podolinsky CSP (Certified Speaking Professional) at Mike@MichaelPodolinsky.com Web: www.MichaelPodolinsky.com

Tips and Bits:

- ★ Read a number of **Tips and Tutorials on Word, Photoshop, PowerPoint, After Effects and more** at tinyurl.com/kwv8lz
- ★ Stay ahead with **technology issues and learn, "How to Present While People are Twittering"** at tinyurl.com/ckc493
- ★ Download the **FREE Workplace Cartoon E-Book, *Let the Laughter Begin*, which you are free to use in your workplace** at tinyurl.com/ktwqvz
- ★ If you travel to instruct, read **"Ten trends affecting business travel in 2009"** at tinyurl.com/caxzkw
- ★ Read the informative article on **"The Two Elements of a Great Presenter"** at tinyurl.com/c4c7la
- ★ Read the tutorial, **"PowerPoint 2007 Add Picture Fills to Shapes"** at tinyurl.com/mwwzpr
- ★ Could You Use a Lesson Plan Template? Create effective lesson plans with this easy format: warm up, mini lecture, activity, debriefing. Read more at tinyurl.com/ltdchw
- ★ Want to be a better speaker? Read 20 tips on doing so at tinyurl.com/b5pgcd

Tips and Bits:

★ Need help in conquering the cluster of video and computer cables? If so check out the *New York Times* 13-slide show at tinyurl.com/mxraq7

★ There's a new beta search engine that works at super-fast speed. It can also be optimized for Windows, and you're not "cheating" if you're a loyal googler. Go to www.leapfish.com

★ There is an interesting article on "Training and Development for Employee Motivation and Retention" at tinyurl.com/kurabq

★ Do you have trouble getting your students back in their seats after a break? If so, here's a FREE Power-Point countdown timer presentation that is displayed on the screen at tinyurl.com/lwm6gy

★ Learn more on "The Forgotten Power of Conversation" and develop into a more effective instructor by talking to people at tinyurl.com/5kkwbq

★ A compendium of tools and resources on making better use of Twitter at tinyurl.com/bf3an6

Nailing the Eye Contact

Master the number one skill for connecting with your audience:

Many people think that giving a speech or a comedy routine is quite different from being in a normal conversation. In some ways it is, but in most ways there is very little difference. Thinking that it IS different, results in the speaker entering "speaker mode" or the comic turning on the autopilot.

Keeping in touch with your natural delivery is critical to connecting with your audience. Don't forget that your delivery is never a monologue. Your talk or routine is always a dialogue. The members of the audience may not be speaking to you, but they are clearly giving you communication and feedback.

This feedback is in the form of body language and eye contact. There is the nod of the head, the crossed arms, and the audience member in the back row sleeping! You're always giving energy and receiving it during your talk, says Lee Glickstein, author of *Transformational Speaking*.

Let's look at eye contact as an example. Good eye contact, in my opinion is "conversational". You genuinely look at

one person at a time while speaking, but don't just spray the room with eye contact.

Start your talk by delivering your first three sentences to just one person. The truth is, when you make solid eye contact with one person the whole audience feels included.

As coach Max Dixon emphasizes, when you're delivering a critical point or funny line..."land the line"...deliver the entire line to just one person and then maintain the eye contact after delivering the line for a beat or two. Experiment with this to experience the impact.

When you come to a punch line, deliver it to one person, nail the eye contact and maintain it after the punch line to magnify its impact. *Hint:* You'll have even better results delivering your funny line to an audience member you've already noticed having a good time, smiling, or giving you positive body language.

— ©MMVI John Kinde. John is a humor specialist in the training and speaking business for over 30 years. Kinde's Humor Power Tips newsletter, articles and blog are available at www.humorpower.com

Fitness in Mind, Body and Spirit by Joe Truncale

Seated Exercises to Maintain Fitness:

There may come a time, whether through an injury, accident or medical condition that you cannot do any standing exercises. That is no reason you cannot exercise and keep

in shape. The following is an example of a workout you can do in the seated position. It includes muscle toning, stretching, and aerobics in one routine. All you need is either a pair of light dumbbells, or a rubber expander to do this simple and effective program.

1. Warm Up

- * Slow waist twists side to side
- * Arm Rotations - up and down movements and to the sides
50 to 200 reps. each exercise

2. Muscle Toning - with light dumbbells or rubber expander

- * Chest Presses
- * Overhead presses

- * Curls
- * Triceps presses
- * Bent Over Rowing
25 to 50 reps each exercise

3. Aerobics - with light weight dumbbells

- * Perform the four basic punches: Jab-Hook-Cross-Uppercut - do each one individually
200 reps. - then use various combinations for 15 to 20 minutes non-stop

4. Cool Down - end with some slow stretching exercises.

Final Tip: If you are able to do exercises while on your back, you can also include numerous other movements in your routine.

— contact Joe at JoeTruncale@ileeta.org

The ILEETA Honor Roll!

These contributors thought of their fellow ILEETA members. As they renewed their membership, some increased their

Jeff Bailey from AL

Ronald Dalrymple from AZ

Dan Keen from PA

William Palese from NJ

ILEETA Membership News

We need your member news of a professional nature, such as a promotion, a special award, or articles written. PLEASE send your member news as "ILEETA Member News" in the subject box. Include your agency, your rank/title, and the state where you reside. Send to ed@ileeta.org

Louis Aiossa from NY, was promoted from Officer to Detective and **Wojo Welyczko** from NY, was promoted from Sergeant to Detective Sergeant. Both are with the Albany, NY PD.

Lon Bartel from AZ, **Rance DeWare III** from NH, **Robb Hamic** from TX, **Lou Ann Hamblin** from MI, **George Harris** from NH, **Fred Leland** from MA, and **Doug Tomkiel** from CA, each had an article appear in Issue 46 of *The Firearms Instructor*.

Pete Bishop from Canada, was recently promoted to "Block Training Coordinator" with the Halton Regional Police Training Bureau.

Shannon Bohrer from MD, co-wrote the article "Law Enforcement Perspective on the Use of Force, Hands-On, Experiential Training for Prosecuting Attorneys," which was published in the April, 2009, *FBI Law Enforcement Bulletin*.

Andrew Borello from CA, had an article published in the March, 2009, issue of *Law and Order*.

Jeff Chudwin from IL, was the recipient of the *Law Officer* magazine "Trainer of the Year Award." He received this award at the 2009 ILEETA Conference, along with a \$1,000 check, which he promptly donated to the ILEETA Scholarship Fund. **Jeff** is certainly a class act – THANK YOU and Congratulations!

Kevin Davis from OH and **Jeff Hall** from WA, each had an article published in the

membership dues, and others made a contribution to the ILEETA Scholarship Fund. Here is this issue's **Honor Roll**:

Steve Luttrell from TN

Michael Young from TN

Tony Zarzoza from TX

May, 2009, issue of *Guns and Weapons for Law Enforcement*.

Rachel DeHoyos from TX, was recently promoted to Sergeant with the Fort Worth, Texas PD.

Jim Fraser from GA, recently had an article on CA POST instructor development published in the *California Peace Officer Magazine*.

Lloyd Gautier from WI, was recently promoted to Lieutenant with the Oneida County, WI Sheriff's Office.

Michael Kaselouskas from CT, was recently promoted from Sergeant to Lieutenant with the University of Hartford, Department of Public Safety.

Brian McKenna from MO, had his book, *Officer Down! Lessons from the Streets*, just published, and he had an article published in the March, 2009, issue of *Law Officer*.

Bob O'Brien from CA, had an article published in the March, 2009, issue of *Police*.

Chuck Remsberg from IL, had an article published in the March/April, 2009, issue of *Police & Security News*.

Dave Spaulding from OH, had articles published in the March and April, 2009, issues of *Law Officer*, in addition to the July, 2009, issue of *Tactical Knives*.

Eric Weaver from NC, was promoted to First Sergeant/Training Coordinator for WakeMed Campus Police and Public Safety.

Duane Wolfe from MN, had several articles published by *PoliceOne.com*, in their "First Person" column, including "The Call" and "The F-Word."

Tips and Bits:

★ If you'd like to understand and stay current on technology trends, check out the Pew Internet and American Life Project at www.pewinternet.org

★ Get categorized listings of FREE software available to help you secure your PC, protect your data, and surf the Web safely at tinyurl.com/m5b5yg

★ Are you aware of CopCAST? This is a podcast for cops, by cops. The hosts discuss current news, a variety of criminal justice issues, and a little tech talk each week. Go to <http://copcast.net>

★ Sign-up for a FREE e-mail subscription to Wilder's Presentation Points monthly newsletter that has info on being a better presenter at tinyurl.com/nt5vzo

★ You can watch a FREE series of podcasts under the general heading of "Slide Makeover Video Podcasts" for PowerPoint at tinyurl.com/llnxbg

★ **Word Quick Tip:** To view a screen tip in Word 2007, rest the pointer on a button and a description of the purpose of that button will appear.

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We're on the Web:
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Quote to Ponder:

★ "Change is the law of life. And those who look only to the past or present are certain to miss the future."

— President John
F. Kennedy

Editor's Perspective: A Changing of The Guard

When ILEETA was formed in 2003, we wanted to have a plan in place for the continued success of ILEETA. We realized how important it was to have a succession of the executive director position.

We implemented that plan and from day one, Deputy Executive Director, Harvey Hedden was groomed as the second executive director of ILEETA. Harvey has the intellect, drive, and spirit to steer ILEETA in the right direction.

The choice for me to step down is actually an easy one. The increased pain caused by my neurological condition means that I could no longer devote the time required to continue serving you as executive director. Trying to hold on to the position would be extremely selfish of me, and would not be in the best interest of the ILEETA membership.

I promise all of you, I will not disappear. I'll continue to write professionally. I can now set my own schedule without numerous deadlines plaguing me. I'll also do whatever I can to assist Harvey in his new role. He is my best friend, and I choose my friends wisely.

I want to thank you for allowing me the opportunity and pleasure of serving you. Serving as executive director of ILEETA is one of the highlights of my professional life, and I will always cherish the many friends I made during my tenure with ILEETA. Remember, ILEETA is more than any one individual – much more!

My dear friends, this is not goodbye for I intend to be a part of each annual ILEETA conference. THANK YOU ALL!!!

Take care and STAY SAFE. - Ed

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International Law Enforcement Educators and Trainers Association

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